Question 426:

**WHAT ARE THE RULES OF A HELPER?**

**Answer:**

1. Be diligent; never be unemployed a moment; never be triflingly employed; never while away time, nor spend any more time than is strictly necessary.

2. Be serious; let your study be, “Submision to the Lord,” bear all lightness, jesting, and foolish talking.

3. Converse sparingly and cautiously with women; particularly, with young women.

4. Take no step toward marriage, without first consulting with your brethren.

5. Believe evil of no one; unless you see it done, take heed how you credit it. Put the best construction on everything you know; for the judge is always supposed to be on the present side.

6. Speak evil of no one; else your word especially would eat as doth a canker. Keep your thoughts within your own breast till you come to the person concerned.

7. Tell every one what you think wrong in him, and that plainly, as soon as may be; else it will fest in your heart. Make all haste to cast the fire out of your bosom.

8. Do not affect the gentleman, you have no more to do with this character than with that of a dancing-master. A Preacher of the gospel is the servant of all.

9. Be ashamed of nothing but sin: not of fetching wood (if time permit) or drawing water; not of cleaning your own shoes, or your neighbour's.

10. Be punctual: Do everything exactly at the time. And in general, do not mind our Rules, but keep them; not for death, but for conscience sake.

If you have nothing to do but to save souls. Therefore spend and be spent in this work. And go always, not only to those that want you, but to those who want you the most. Observe: It is not your business to preach so many times, and to take care of this or that society; but to save as many souls as you can, to bring as many sinners as you possibly can to repentance, and with all your power to build them up in the business without which they cannot see the Lord. And remember! A Methodist Preacher is to mind every point great and small, in the Methodist discipline! Therefore you will need all the sense you have, and to have all your wits about you.

12. Not in all things, not according to your own will, but as a son in the Gospel. As such, it is your part to employ your time in the manner which we direct; partly, in preaching and visiting from house to house; partly, in reading, meditation, and prayer. Above all, if you labor with us in our Lord's vineyard, it is needful that you should do that part of the work which God directs, at those times and places which we judge most for his glory.

*This is a question posed to John Wesley and his response*  
*1741*